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| TYPE OF CAPITAL | KEY QUESTIONS TO CONSIDER | | | | | |
| ASPIRATIONAL | What health outcomes are important to this community? | What barriers to achieving these outcomes exist (real or perceived)? | How has this community, historically, overcome healthcare barriers? | What does a “healthy” community look like for this community? |  |  |
| LINGUISTIC | How do people in this community talk about health and wellness? | How do people in this community talk about health and wellness? |  |  |  |  |
| FAMILIAL | What stories/experiences with healthcare are passed down from generation to generation? | How does family history impact views on healthcare and wellness? | What family members have the most influence on views and behavior? |  |  |  |
| SOCIAL | What are the trusted institutions in this community? How do we build trust with those institutions? | What types of support are most valued and effective within this community? | Who are the gatekeepers and how do we work in partnership with them to advance health access and equity? |  |  |  |
| NAVIGATIONAL | What practices/initiatives have been successful in connecting this community with healthcare? | How has this community experienced navigating the healthcare system in the past? What skills have they developed to help navigate the system? | How might the system be changed to better accommodate and engage this community? |  |  |  |
| RESISTANT | Why might this community distrust healthcare professionals and institutions? | How has distrust shaped behavior? | How can we acknowledge this history and adapt our systems to this behavior? |  |  |  |

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| TYPE OF CAPITAL | DEFINITION | How is this reflected in our corporate culture/practices? | How can we improve our integration of cultural wealth? |
| ASPIRATIONAL | The ability to maintain hopes and dreams for the future, even in the face of real and perceived barriers |  |  |
| LINGUISTIC | The intellectual and social skills attained through communication experiences in more than one language and/or style |  |  |
| FAMILIAL | Cultural knowledges nurtured among kin that carry a sense of community history, memory and cultural intuition |  |  |
| SOCIAL | Networks of people and community resources providing instrumental and emotional support to navigate through society’s institutions |  |  |
| NAVIGATIONAL | Skills to maneuver through social institutions not created with non-dominant communities in mind |  |  |
| RESISTANT | Knowledge and skills fostered through oppositional behavior that challenges inequality |  |  |