# EQUITY IN ACTION STARTER KIT



# **P.E.A.C.E. TEAM** *Promoting Equity Among Communities Effectively*

HEALTH EQUITY MEANS ACTIVELY WORKING TO DISMANTLE IDEOLOGIES THAT RESULT IN UNEQUAL TREATMENT.

THIS EQUITY IN ACTION STARTER KIT PROVIDES COALITIONS WITH TOOLS TO MAKE LASTING RACIAL EQUITY CHANGE.

HEALTH EQUITY GROUP, 1/28/21



"So let us leave behind a country better than the one we were left with."

-Amanda Gorman, age 22 (2021)

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#### **2020-2021 PEACE Series Overview**



The P.E.A.C.E. Series regional meetings provided a special opportunity for various SC Health Coalitions to collaborate and share knowledge, exchange ideas and gain a better understanding of racial equity action work to better serve the communities throughout South Carolina.

The main goal of the series was to help coalition members integrate racial justice concepts into their community coalition processes by introducing relevant, actionable tools and frameworks.

One of the biggest take-aways from each meeting was the realization that when we collectively collaborate, it strengthens our ability to deliver the highest level of service to the community.

When coalitions actively network, cooperate with one another, coordinate program efforts and share valuable resources, it ensures that the needs of our community are met.

#### PEACE SERIES OVERVIEW | PAGE 04

#### **About the Equity in Action Starter Kit**



The Equity in Action Starter Kit was created as a personal toolbox for Coalitions to utilize when navigating the important work of addressing the intersection of racial injustice and poor health outcomes within the community. This starter kit is not "all-inclusive," but it does offer specific action items to help provide a starting point. Use the content in this Starter Kit to either begin or advance your Racial Social Health Equity journey.

The Starter Kit offers a sampling of content provided during the PEACE Series virtual meetings. It can be used as a reference tool to create concrete racial health equity action steps, or an education device to share with Coalition members who were not able to attend, or as a training instrument for new and existing Coalition members.

#### ABOUT EQUITY IN ACTION STARTER KIT| PAGE 05

## **Process Guide**



THIS GUIDE OFFERS RECOMMENDED ACTION ITEMS TO CREATE ROBUST, ENGAGING AND PRODUCTIVE COALITION MEETINGS .

- -Introduce Coalition Consensus Tool -identify areas to address
- -Schedule reoccurring meetings
- -Include Racial Health Equity topics on every Agenda meeting

#### BEGINNER

- -Add visual aids- video clips, slides, etc.
- -Invite "Expert" speakers to meetings (Zoom/In-Person)
- -Invite diverse local community & leaders to meetings
- -Revise Consensus Tool, update as you gain more insights
- -Provide continuous racial equity education for coalition members
- -Devise creative channels to regularly
- communicate with community members (social media, newsletters, etc.)
- -Contact other Coalitions for peer sharing
- -End of each meeting, set racial equity agenda
- items (or have recurring items)

ADVANCED

#### 2) INTERMEDIATE

- -Revise Coalition Consensus Tool- to address changing community needs -Build a network of Coalition groups to collaborate,
- coordinate & share resources
- -Conduct brainstorming sessions to explore "out-orbox" ideas & evaluate initiatives effectiveness
- -Increase coalition diversity; strive for
- representation that is a reflection of the community
- -Continuing education & training of Coalition members

#### EQUITY IN ACTION PROCESS GUIDE | PAGE 06

# 10 Things Everyone Should Know about Race

From Race: The Power of An Illusion

## 1) Race is a modern idea.

Ancient societies, like the Greeks, did not divide people according to physical differences, but according to religion, status, class or even language. The English word "race" turns up for the first time in a 1508 poem by William Dunbar referring to a line of kings.

# 3) Human subspecies don't exist.

Unlike many animals, modern humans simply haven't been around long enough, nor have populations been isolated enough, to evolve into separate subspecies or races. *We are one of the most genetically similar of all species*.

#### 5) Most variation is within, not between, "races."

Of the small amount of total human variation, 85% exists within any local population. 94% can be found w/in any continent. That means, for example, that two random Koreans may be as genetically different as a Korean and an Italian.

# 2) Race has no genetic basis.

Not one characteristic, trait or even gene distinguishes all the members of one so-called race from all the members of another so-called race.

# 4)Skin color really is only skin deep.

The genes for skin color have nothing to do with genes for hair form, eye shape, blood type, musical talent, athletic ability or forms of intelligence. Knowing someone's skin color doesn't necessarily tell you anything else about them.

# 6) Slaverty pre-dates race.

Throughout much of human history, societies have enslaved others, often as a result of conquest or debt, but not because of physical characteristics or a belief in natural inferiority. Due to a unique set of historical circumstances, North America has the first slave system where all slaves shared a common appearance and ancestry

10 THINGS EVERYONE SHOULD KNOW ABOUT RACE | PAGE 7

## **10 Things Everyone Should Know about Race**

From Race: The Power of An Illusion

# 7) Race & freedom were born together

The US was founded on the principle that "All men are created equal," but the country's early economy was based largely on slavery. The new idea of race helped explain why some people could be denied the rights and freedoms that others took for granted.

## 8) Race justified social inequalities as "natural"

The "common sense" belief in white superiority justified anti-democratic action and policies like slavery, the extermination of American Indians, the exclusion of Asian immigrants, the taking of Mexican lands, and the institutionalization of racial practices within American government, laws, and society.

## 9)Race isn't biological, but racism is still real.

Race is a powerful social idea that gives people different access to opportunities and resources. The government and social institutions of the United States have created advantages that disproportionately channel wealth, power, and resources to white people.

# 10) Colorblindness will not end racism.

Pretending race doesn't exist is not the same as creating equality.

# Microaggressions

Microaggressions are the brief everyday slights, insults, indignities, and denigrating messages sent to people of color [LGBTQIA+, people with disabilities, immigrants] by wellintentioned [people] who are unaware of the hidden messages being communicated.

> Dr. Derald Wing Su Columbia University

# Additional Racial Equity Definitions:

https://www.racialequitytools.org /glossary

# RACIAL MICROAGGRESSIONS



# **PEACE Series Power Point Slides**



You can access all slide decks from the PEACE Virtual Training Series <u>https://www.z-strategies.com/peace-training</u>

# CONTINUUM OF COLLABORATION



Working toward true collaboration is an ongoing process and usually includes earlier phases such as networking, cooperation, and coordination. Differences between these phases are defined by characteristics such as structure, responsibilities, accountability, authority, and resources.

**1.** Networking: similar like-minded groups interact at an informal event

2. Cooperation: one organization helps another to implement an activity

**3. Coordination: some joint planning and funding** 

4. Collaboration: interrelated roles, shared responsibilities, mutual accountability, combined resources

As community coalitions go back and forth in these phases, the PEACE team challenges the groups to think about what phase of collaboration are they in and what steps can be taken to move toward true collaboration where everybody wins!

> Collaboration is a <u>mutually beneficial</u> and <u>well-defined relationship</u> entered into by <u>two or more</u> <u>organizations</u> to achieve <u>common goals</u>.

While most of the underlined words are clear and specific, the idea of a well-defined relationship can be subject to interpretation. In this definition, a well-defined relationship includes:

- Commitment to mutual relationships and goals
- Jointly developed structure and shared responsibility
- Mutual authority and accountability for success
- Sharing of resources and rewards | PAGE 11



The 2020 P.E.A.C.E. Series Regional meetings provided an opportunity for various SC Health Equity Coalitions to come together, via Zoom, to share their wealth of knowledge, exchange ideas, and gain a better understanding of Racial Health Equity in Action work to better serve communities throughout South Carolina.

One of the biggest take-aways from each meeting was the realization that when we collectively collaborate, it strengthens our ability to deliver the highest level of service to the community.

When coalitions actively network, cooperate with one another, coordinate program efforts and share valuable resources, it ensures that the needs of our community are met by providing them with exactly "what they need, when they need it".

We have gathered a host of brilliant and innovative "Best Practices" that were shared during the Regional meetings. Feel free to adapt or customize these peer success ideas within your coalition group. Perhaps one

of the "Best Practice" ideas will spark a new and creative approach to your Racial Health Equity work.

# PRE-MEETING AND VIRTUAL MEETING BEST PRACTICES

Introducing new Equity concepts and Action items in a coalition meeting can feel daunting. We have comprised a list of proven action items that will assist you in creating impactful and productive meetings. Here are a few suggestions to consider when planning your next coalition meeting.

- Sending out meeting "pre-work" prior to a scheduled meeting offers coalition members an opportunity to devote quality time reflecting, researching and offering insightful responses to agenda topics. Pre-work can consist of sending an email or an informal survey to gather information to explore. It can also be used as a tool to create agenda items.
- Asset Mapping assignments (car "drive-by") allows each coalition member to safely survey diverse community neighborhoods, focusing on specific criteria. Meetings can be devoted to discussing observations. This assignment assists with evaluation of future Equity projects and the creation of Action tasks. It offers ideas on needed community work. Note: Pre-COVID, Kershaw County conducted "bus" tours on their communities, they are considering filming the tour instead.
- Assign brief Equity specific Podcasts to listen to or a book chapter to discuss at scheduled meetings.
- Regularly invite diverse local community members and/or local community leaders to join meetings and provide valuable insights.



PRE MEETING BEST PRACTICES | PAGE 13

# **County Specific Examples**



When the COVID-19 outbreak rapidly spread throughout the nation, many coalitions were able to quickly make adjustments in order to meet the needs of the communities they serve.

During "peer sharing" segments of the Regional meetings, numerous coalitions presented ways their members used "out-of-the-box" thinking to provide essential support in their community.

#### Kershaw County:

Prior to the 2020 pandemic, the Coalition conducted "bus tours" of the community to offer an opportunity to "Asset Map" neighborhoods. After brain-storming ideas, they are considering filming the "bus tours" to share in meetings and presentations with coalition members.

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#### Lee County(Pee Dee):

2 Coalitions united to conduct health analysis & identified critical social determinants of health. Over 80% of 3rd graders were reading below State levels. They coordinated after school tutoring. Created a "Parent Cafe" to share challenges/triumphs. Leveraged local leaders support to establish long term relationships & champion initiatives. 6 months later they raised reading levels, created a school garden, provided mobile health education, installed a playground & walking trail.

#### **Fairfield County:**

In an effort to find an alternative way to communicate with the community, they reached out via social media (Facebook). Coalition members utilized Facebook to start a chat group to discuss and receive feedback.



COUNTY SPECIFIC EXAMPLES | PAGE 17

#### Low Country:

Coalition members located businesses that offered free internet access for community members. Many people were directed to local libraries that provided internet access safely from parking lots.



**COUNTY SPECIFIC EXAMPLES | PAGE 18** 

**Spartanburg County:** 

Coalition members jumped into action and promptly coordinated a "Food Library" when they discovered that a large portion of the community was suffering from food insecurity.

COUNTY SPECIFIC EXAMPLES | PAGE 19

### **Various Counties:**

- Without delay, many coalitions collaborated with local religious organizations to determine immediate community needs and rapidly coordinated distribution of personal and household items
- Provided mini meetings with families throughout the community to share information
- Partnered with schools and local organizations to build "food gardens"
  Regularly conducted food drives and clothing drives

Regularly provided updated COVID-19
 information from DHEC

COUNTY SPECIFIC EXAMPLES | PAGE2 20

# Self Care take care of others." -Bryant McGill

"Taking care of yourself is the -Bryant McGill

# TIPS

1

Breathing and Meditation Exercises- science has determined it can lower blood pressure, reduce heart rate, lessen anxiety and help digestion





2

Regular Sleep Schedule- regulates internal clock to help us fall asleep faster and stay asleep longer



Nutritional Meals- provides the body with proper energy, reduce the risk of diseases, reduce high blood pressure

5

Journaling- instead of dreaming about work/life events or "To-Do" lists, keep a notepad by the bed & jot down thoughts & ideas before going to sleep instead of "working in your sleep"



Doing whatever brings you JOY- helps ease anxiety, releases "feel good" endorphins and other natural brain chemicals



## **About Asset Mapping**



People divide into teams of two (or individually due to COVID-19 safety protocols), making sure that they partner with someone from a different neighborhood or part of town. They agree to a time when they can visit and conduct asset mapping of the designated neighborhoods.

Members are given forms (provided on the following page) that they can fill in together- asking questions about grocery stores, parks, schools, other services, where they feel safe, where they feel unsafe, etc. They will return to the next meeting with one form for each neighborhood they have completed together or separately. Use a coalition meeting to discuss observations. Racial Health Equity Resources

# Asset Mapping Form

#### NEIGHBORHOOD:

(include the boundaries of the area assessed, such as between which streets, etc.)

Name of Mapping Coalition Member:

Mapping date:

A. QUALITY OF LIFE

Where are the spaces in this neighborhood where you feel safe?

Partner 1:

Partner 2:

Where are the spaces in this neighborhood where you feel unsafe?

Partner 2:

What green spaces, if any, are there for residents of this neighborhood to use?

If there are green spaces, what conditions are they in, and how are they currently being used?

Racial Health Equity Resources

Is there any form of public transportation available to residents of this neighborhood?

Describe the walkability of this neighborhood (sidewalks, road hazards, etc.)

How accessible are medical facilities to this neighborhood if you don't own a car?

Are there noticeable physical, environmental, or structural hazards that might affect residents, including children? If so, describe them.

OTHER NOTABLE THINGS (general economic status, diversity, known needs, known assets. Try to give a sense of the "positives" as well as the "negatives.")

Racial H	lealth	Equity	Resources
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#### OTHER BUSINESS/SERVICE DESCRIPTION/NOTES

What previous efforts by community members, agencies, nonprofits, etc., (successful or unsuccessful) have taken place in this community?

#### Racial Health Equity Resources

Institutional assets: (Institutions are a formalized and structured organization that does not typically rely on voluntary commitment of the individuals involved. Examples of institutions are schools, places of worship, libraries, hospitals, and government agencies.)

#### SCHOOLS CONDITION/STATUS

#### HOSPITALS/CLINICS NOTES

Racial Health Equity Resources

#### GOVERNMENT AGENCIES NOTES

#### CHURCHES NOTES

#### OTHER INSTITUTIONS CONDITION/STATUS

Local business/services assets: (What businesses and service agencies are within the neighborhood?)

Give numbers and names of each below:

Racial	Health	Equity	Resources
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How many full- service grocery stores?

How many mini-marts or convenience stores?

How many fast-food outlets?

How many childcare/daycare services?

After- school programs?

**Banks or credit unions?** 

**Payday lenders?** 

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Racial Health Equity Resources

#### OTHER BUSINESS/SERVICE DESCRIPTION/NOTES

What previous efforts by community members, agencies, nonprofits, etc., (successful or unsuccessful) have taken place in this community?

## **21-Day Equity Challenge for Beginners**

Science tells us that completing a task 21 consecutive days helps to form a habit. Collectively completing various tasks as a group offers unity, accountability and community social justice projects that helps the community you serve. Customize your coalition's challenge by selecting items from the Racial and Health Equity Resources list.

		Ces list.		
1 Complete	2 Listen to Brene	3 Share insights	4 Take Invisible	5 Discuss
Coalition	Brown's Podcast	of Brene	Privilege	Invisible Privilege
Consensus Tool with team	on Shame & Accountability	Brown's Podcast	ldentity (IPI) Assessment	Identity
		Toucust		Assessment
6	7	8	9	10
Watch	Review	Read Chapter 1 from "How to	Review book	Complete a
Implicit Bias	w/Coalition	be an	on "How to	Harvard
Module 1, Lesson 1	impact of Implicit Bias	Antiracist"	be an Antiracist"	Implicit Bias Test (IAT)
		4 7		
11 Watch World	12 Discuss IAT &	13 Watch Implicit	14 Watch Implicit	15 Read Chapter
Trust video,	World Trust	Bias Module 1,	Bias Module 1,	2, "How to be
Week 4 Clip 3	video	Lesson 2	Lesson 3	an Antiracist"
16	17	18	19	20
1619 Project,	Chat about	Implicit Bias	1619 Project,	Discuss results
	Chat about 1619 Project,	Implicit Bias Module 1,		Discuss results of Coalition
1619 Project,	Chat about	Implicit Bias	1619 Project,	Discuss results
1619 Project, Episode 2	Chat about 1619 Project,	Implicit Bias Module 1,	1619 Project,	Discuss results of Coalition Consensus
1619 Project, Episode 2 21	Chat about 1619 Project,	Implicit Bias Module 1,	1619 Project,	Discuss results of Coalition Consensus
1619 Project, Episode 2 21 Select a social	Chat about 1619 Project,	Implicit Bias Module 1,	1619 Project,	Discuss results of Coalition Consensus
1619 Project, Episode 2 21	Chat about 1619 Project,	Implicit Bias Module 1,	1619 Project,	Discuss results of Coalition Consensus
1619 Project, Episode 2 21 Select a social equity project	Chat about 1619 Project,	Implicit Bias Module 1,	1619 Project,	Discuss results of Coalition Consensus
1619 Project, Episode 2 21 Select a social equity project	Chat about 1619 Project,	Implicit Bias Module 1,	1619 Project,	Discuss results of Coalition Consensus
1619 Project, Episode 2 21 Select a social equity project	Chat about 1619 Project,	Implicit Bias Module 1,	1619 Project,	Discuss results of Coalition Consensus
1619 Project, Episode 2 21 Select a social equity project	Chat about 1619 Project,	Implicit Bias Module 1,	1619 Project,	Discuss results of Coalition Consensus
1619 Project, Episode 2 21 Select a social equity project	Chat about 1619 Project,	Implicit Bias Module 1,	1619 Project,	Discuss results of Coalition Consensus



# Podcasts

Dr. Wizdom Powell: Let's Focus on Health Equity NOT Health Disparities Raising Equity

https://podcasts.apple.com/us/podcast/raising-equity/id1453341709? i=1000472584977

Brene Brown: Shame & Accountability, Racism (Spotify)

Brené on Shame and Accountability - Unlocking Us with Brené Brown | Podcast on Spotify

New York Times 1619 Project create by correspondent Nikole Hannah-Jones. It explains the origins of and reasons for systemic racism <u>1619 on Apple Podcasts</u>

EQUITY PODCASTS RESOURCES | PAGE 31



# Videos

Implicit Bias Module Series

Kirwan Institute: Implicit Bias Training Modules (osu.edu)

World Trust Org: Cracking the Codes, Healing Justice

WorldTrustTV - YouTube

Treavor Noah/The Daily Show: Ex-White Supremist "Rising out of Hatred" (2020)

<u>Eli Saslow & Derek Black - From Racism to Redemption in "Rising Out of Hatred" | The Daily</u> <u>Show - YouTube</u>

TEDx Talk/Dr. Dennis Pocekay: Racism & Health in California (2016)

Racism & Health | Dennis Pocekay | TEDxMSJHS - YouTube

Frontline/PBS: Jane Elliott, A Class Divided- Bias in School (1964)

<u>A Class Divided (full film) | FRONTLINE - YouTube</u>

Nightline/ABC: Racial Bias in Jacksonville, FL (2020)

Family claims racial bias affected housing appraisal because of wife's race: Part 1 | Nightline - YouTube

Diane Sawyer/ABC: Racial Bias in St. Louis (1991)

<u>Racial Bias In St.Louis Revealed Via Hidden Camera - Diane Sawyer PrimeTime 1991 -</u> <u>YouTube</u>

Story of Access, by Stanley Nelson: two black men were waiting in Starbucks for a meeting (2018)

Stanley Nelson-Story of Access - YouTube

#### EQUITY VIDEO RESOURCES | PAGE 32



# Websites

Urban Institute: Community Engagement Community Engaged Methods | Urban Institute

Racial Equity Resource <u>Home (ncwwi.org)</u>

The Conversation: Racism at the County Level: Increased COVID-19 Cases <a href="https://theconversation.com/racism-at-the-county-level-associated-with-increased-covid-19-cases-and-deaths-150077">https://theconversation.com/racism-at-the-county-level-associated-with-increased-covid-19-cases-and-deaths-150077</a>

World Trust Organization <u>https://www.world-trust.org/about?</u> <u>gclid=Cj0KCQiA0rSABhDlARIsAJtjfCflz5N\_98Hhe7dNjHgxJJqdMpoXR0odFxhpFPz</u> <u>wBBlD2uHbaZUb19saAmRhEALw\_wcB</u>

USC College of Arts & Sciences: Collaborative on Race/Welcome Table <u>https://sc.edu/study/colleges\_schools/artsandsciences/diversity/collaborative\_o</u> <u>n\_race/index.php</u>

EQUITY WEBSITES RESOURCES | PAGE 33



# Books

AntiRacism/Racism-How to Be an Antiracist, by Ibram X. Kendi So you want to talk about race, by Ijeoma Oluo I'm Still Here, Austin Channing Brown Biased: Uncovering the Hidden Prejudice that shapes what you See, Think and Do, Jennifer Eberhardt White Privilege/White Supremacy-White Like Me, by Tim Wise White Fragility, by Robin Diangelo Rising out of Hatred, Eli Saslow (ex-white supremist) Denmark Vesey's Garden: Slavery & Memory in the Cradle of the Confederacy, Ethan Kytle and Blain Roberts Slavery-Barracoon, by Zora Neale Hurston Post Traumatic Slave Syndrome, by Joy DeGruy Healing- Mindful of Race, Ruth King

EQUITY BOOKS RESOURCES | PAGE 34



# Newsletters

Center for the Study of Racism, Social Justice and Health Center for the Study of Racism, Social Justice & Health (racialhealthequity.org)

The College of Arts and Sciences Collaborative on Race - College of Arts and Sciences | University of South Carolina Welcome Table SC - College of Arts and Sciences | University of South Carolina

The Conversation-Health Section Health – Views & Research – The Conversation <u>New American History</u>

South Carolina Health Disparities Research Portal: South Carolina Health Disparities Data Resources <a href="https://uscmed.sc.libguides.com/c.php?g=932728&p=6723109">https://uscmed.sc.libguides.com/c.php?g=932728&p=6723109</a> <a href="https://uscmed.sc.libguides.com/c.php?g=932728&p=6723109">Non Profit Quarterly: Racial Equity Archives</a> <a href="https://nonprofitguarterly.org/category/intersectional-racial-equity/">https://uscmed.sc.libguides.com/c.php?g=932728&p=6723109</a>

EQUITY NEWSLETTERS RESOURCES | PAGE 35

## ASSESSMENTS

These are the assessments we recommend using with yourself, your family or your community. You can use the results of the assessments to start a conversation with a small or large group, or to jumpstart your brainstorming for strategic planning.

The persistence of deep racial disparities and divisions across society is evidence of institutional racism — often invisible and unintentional, production of inequitable social opportunities and outcomes. When racial equity is not consciously addressed, racial inequality is often unconsciously replicated.

Implicit Bias assessments measure subconscious, or automatic, biases. Your willingness to examine your own possible biases is an important step in understanding the roots of stereotypes and prejudice in our society.

Assessments may be a tool that can awaken our thinking about hidden biases: Where do they come from? How do they influence our actions? What can we do about them?

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Racism is a set of structures that often are invisible to us because they seem so natural. —Asao B. Inoue

# **COALITION CONSENSUS TOOL**

#### Your Coalition's Name and County:

#### Names of People Who Completed the Tool:

<u>Directions</u>: Please review your current action plan (e.g., CHIP, CHNA, etc.) with a representative group (or at least 2 people total) of your coalition and come to a consensus about the scoring for each of the 10 indicators below. Select a number from the options below that best describe your team's consensus.

During the Regional Meetings, we will call on each county to provide examples for different indicators. There is a comment section for you to put notes about your rating. *Please provide at least one example if you rated yourself a (3) or (4) on any indicator.* If you don't know the answer, then please choose (1).

We do not have	We have a plan to do this	This is in place and we	This is part of our
this/ We haven't	within the next 3 months.	have evidence of its	routine, and we
started work on		use	model it for others
this yet			
(1)	(2)	(3)	(4)

#### Indicators: Current Coalition Makeup and Function

- 1. \_\_\_\_\_ Our coalition members reflect the demographics of the community/county which it is designed to serve. *Comment*:
- 2. \_\_\_\_\_ Our coalition collects data on the racial, ethnic and linguistic makeup of the community members that we serve. *Comment*:
- 3. \_\_\_\_\_ Our coalition has a documented plan to reach out to diverse individuals and/or groups to build relationships. *Comment*:
- 4. \_\_\_\_\_ We have explicit policies or statements about our coalition's commitment to racial and social justice. *Comment:*
- 5. \_\_\_\_\_ We challenge partner organizations to increase their awareness of and concern about issues of racial and social injustice. *Comment*:

# **COALITION CONSENSUS TOOL**

#### Indicators: Current Planning Document for Our Coalition (i.e. CHIP, CHNA, Action Plan)

- 6. \_\_\_\_\_ Our coalition's action plan includes explicit steps to engage all community members in the programs/strategies/communications of our coalition. *Comment*:
- 7. \_\_\_\_\_ Our coalition's language, data, information and other forms of communication encourages participation from diverse groups. *Comment*:
- 8. \_\_\_\_\_ The activities in our action plan are implemented in a way so that *all* members of the community can understand and access them. *Comment*:
- 9. \_\_\_\_\_ Our action plan is developed by members who are representative of the coalition and in touch with the true community needs of our diverse populations. *Comment*:
- 10. \_\_\_\_\_ Our action plan includes community engagement practices to ensure intentional outreach to diverse populations. *Comment*:

#### Reflection:

- 11. How ready is your coalition to modify your plan to improve racial and social justice? Please circle one of the options below.
  - 1- Not ready at all 2- Somewhat ready 3- Ready 4 Very Ready
- 12. Name one or two challenges that you anticipate as you begin to implement any racial or social justice activities.

#### Racial Health Equity Resources

#### Invisible Privileged Identity (IPI)

- Failing to acknowledge racism not only erases histories, cultures, and identities, but also ignores
  ongoing differential treatment based on race. Acknowledging the social construct of race and racism
  and the ideology of "Invisible Privileged Identity" recognizes the problem so that we are not
  harmful in our ignorance and so that, together, we can strive for solutions. For coalitions, the work
  means to identify, understand and call out racism and actively engage in antiracist work.
- We often do not feel comfortable talking about race. But when we shy away from open conversations about race with young people, we sow the seeds of prejudice by inadvertently send the message that something is wrong with people from another race.
- Teaching for an antiracist future starts with us, coalition members. In order to assist our community
  in cultivating racial understanding, we must begin with "self-reflection". Many people live
  segregated lives. We are rarely outside of our comfort zones. When we are challenged in ways that
  cause us discomfort, we tend to lash back or become defensive. An easy way to begin this
  conversation is to start with a simple exercise that examines and uncovers unknown "Invisible
  Privileged Identity" (IPI):

		Always	Frequently	Sometimes	Never	Not Applicable
1.	I can arrange to be in the company of people of my race most of the time					
2.	I can easily rent/purchase in an area that I can afford and want to live					
3.	I am fairly certain my neighbors will be neutral/pleasant					
4.	I can shop without store security following me or harassing me					
5.	I can choose makeup/bandages in "flesh" color and have them match my skin					
6.	When taught about American Heritage, I am shown that people of my color made it what it is					
7.	I can be sure that my children will be taught curricular materials that teaches history of their race					
8.	My skin color doesn't cause cashiers to scrutinize my financial reliability when paying with check/credit card					
9.	I feel certain I won't be judged by people of authority (police/teachers/managers) based on my race					
10.	I feel certain my child(ren) won't be judged by people of authority (police/teachers/managers) based on their race					

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#### INVISIBLE PRIVILEGED IDENTITY (IPI) | PAGE 39

		Always	Frequently	Sometimes	Never	Not Applicable
1.	I can do well in a challenging situation					
	without being called a credit to my race					
2.	I am never asked to speak for all the					
	people of my racial group					
3.	I am pretty sure that if I ask to talk to					
	"the person in charge," I will be facing a					
	person of my race					
.4.	If a traffic cop pulls me over, I can be					
	certain I won't be harmed based on my					
	race					
.5.	I can easily locate/buy art, books,					
	greeting cards, dolls, toys, and					
	adult/children's magazines featuring					
_	people of my race			· · · · · · · · · · · · · · · · · · ·		
16.	I can take a job with an affirmative					
	action employer without having					
	coworkers on the job suspect that I got					
	it because of race					
.7.	I can travel to any new place without					
	worrying about the safety of me/my					
0	family					
.8.	I can walk through airport security without fear of being screened due to					
	-					
9.	my race I feel judged by people who don't look					
9.	like me when I wear my natural hair					
0.	I mostly feel safe walking alone in my				2	
0.	neighborhood					
1.	I am confident that my name won't					
	hinder me from an interview or being					
	offered a job					
2.	I am often the only person who looks					
	like me in- classroom/					
	workplace/other					
3.	I feel confident that my physician(s)					
	provides thorough care despite not					
	being the same race as me					
4.	I rarely have a problem locating a voting					
	site near me					
5.	It normally takes less than an hour to					
	cast my vote					
.6.	I feel that I have the same opportunities					
202	to succeed based only on hard work, as					
	people who don't look like me					
_	Perspire and a set of set in the line					

#### INVISIBLE PRIVILEGED IDENTITY (IPI) | PAGE4 40

i.,

		Always	Frequently	Sometimes	Never	Not Applicable
27.	I do not have to educate my children to be aware of systematic racism for their own daily physical protection					
28.	I have never had a defining moment in life where you realize your skin color alone makes other people dislike you					

- To understand "Invisible Privileged Identity" (IPI), we must think beyond the individual level. Every individual will have challenges and opportunities in their lives based on a variety of factors. However, when you take a step back and acknowledge the historical actions and those still occurring today against people of color, one can clearly see, only a small segment of society has certain advantages and privileges solely based on the color of their skin.
- Harvard University Implicit Assessment Test (IAT)
- ABOUT: Project Implicit is a non-profit organization and international collaboration between researchers who are interested in implicit social cognition - thoughts and feelings outside of conscious awareness and control. The goal of the organization is to educate the public about hidden biases and to provide a "virtual laboratory" for collecting data on the Internet.

# Take the Harvard Implicit Bias Test

https://implicit.harvard.edu/implicit/takeatest.html

# THE PEACE TEAM

The PEACE Team was formed from a shared desire to provide Racial Justice knowledge and tools with coalitions and communities throughout South Carolina.

## Katie Zenger katie@z-strategies.com

Antonio Boyd abboyd@thinktankconsultinggroup.com

# Pam Imm drpamimm@gmail.com

Jennifer (Bingo) Gunter gunter2@mailbox.sc.edu

Latesha (Tesha) Murray Ismurray02@icloud.com

## Brittany Wearing lakay.bw@gmail.com

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